

On a sunny afternoon, 2 walkers set off for a circular walk from Upton Grey via Weston Patrick, walking through beautiful countryside on a mix of footpaths, byways and very quiet roads. With some fantastic views across Hampshire countryside, past beautiful houses and with a few sections of forest bathing, we met no one during our walk. The occasional sound of birdsong, but it was fairly hot so birds less active. The countryside was looking very dry with wheat crops nearing time for harvesting and early blackberries already ripening. Arriving back in Upton Grey after 2 hours, we enjoyed a rest stop in the excellent, well stocked, Village shop & cafe. Must go back again for cake with my coffee! Definitely a walk worth repeating.

